

Dear Coordinators

As we all know, addiction requires accessibility, affordability, and anonymity. Healing from sexual addiction requires relationships. The restrictions for the COVID-19 virus can be detrimental to a man trying to heal from sexual brokenness. Men in your groups are staying home from work, are feeling more stressed and anxious, and are isolated. These are common triggers. Your groups **NEED** to be able to meet to help each other stay strong and accountable.

We ask that **No Groups Cancel** during this time.

However we recognize that how a group meets may need to change based on location or the physical health of a man in your group or the health of his family members. So here is what we would like you to do:

1. Very few of our groups are larger than the 10 member maximum that is recommended by the state. **If you are able to have a face to face meeting please do so.** Make sure that you are in a room that allows for appropriate social distancing and that your members are following the advise from the email Blake sent out titled “Working together for a safe environment”.
2. We recognize that some churches are closed. You may have gotten an email from the PLA office about the availability of your particular church. **If not, and you aren’t sure that your space is available, please verify—each week—that you can still meet at your location.** If not, **please host your group via video conference.** Instructions for this and strict guidelines are listed below.
3. **Please Stay connected.** Utilize your texting/GroupMe or other communication tool. Don’t let your group members isolate.

We have found that Google Chat is an easy way to do video meetings. Below are instructions on how to do this. However, if there is someone in your group that has access to a paid Zoom, GoToMeeting, or something similar you may choose to use that tool instead.

Group guidelines that should be discussed before the meeting starts.

1. **Confidentiality is vital.** When meeting remotely each member should be in a room alone with the door closed.
2. **Headphones are preferred** however if it is not possible please choose a separate room with a closed door and keep audio low enough so others who may be in the house can’t hear the group discussion.

Setting up Google Chat.

1. Log into your personal google account or use the PLA Coordinator Log In,
 - Username: coordinator@purelifealliance.org
 - Password: C00rd1n@t0r
 - When Google asks to “Protect your account” click “Confirm” WITHOUT changing recovery phone number or email.
2. Click the icon that looks like nine dots in the shape of a square at the top right. (If logged in with coordinator@, look for these near the Pure Life Alliance logo.)
3. Click “Meet” with the camera icon.
4. Click “Join or start a meeting”
5. Name your meeting (e.g. “Wed FMO - Coordinator Last Name”) **Numerous groups may be using the resource at the same time. Please use a distinct name by including the last name of one of the leaders.**
6. Follow prompts for allowing use of camera and microphone.

7. Click "Join Now".
8. In the middle of the page a pop up will appear that has a button labeled "Copy Joining Info" This info is also at the bottom left side of the page in pop up next to your meeting name.
9. Copy this info and send it to your groups via GroupMe or other communication that your group uses. People will be able to use this info to join the group via video (preferred) or audio only.